

REPORT OF THE  
1995 PLANNING WORKSHOP  
FOR THE  
INTEGRATED AREA BASED PROGRAMME  
IN MARIENTAL

4-5 MARCH 1995

MARIENTAL

COMPILED BY  
MRS M J MAHALIE

**REPORT OF THE  
INTEGRATED AREA BASED PROGRAMME - MARIENTAL  
1995 PLANNING WORKSHOP**

**4-5 MARCH 1995**

**TABLE OF CONTENTS**

**ACKNOWLEDGEMENTS**

1. INTRODUCTION
2. LIST OF PARTICIPANTS
3. BACKGROUND
4. OBJECTIVES
5. PROCEEDINGS: DAY ONE
  - 5.1 OPENING PRAYER
  - 5.2 WELCOMING
  - 5.3 BUDGET PRESENTATION
  - 5.4 OPEN QUESTION TIME
  - 5.5 GROUPWORK
6. PROCEEDINGS: DAY TWO
7. CLOSING REMARKS

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**IABP MARIENTAL WORKPLAN 1995**

**ACKNOWLEDGEMENTS**

The staff of the Integrated Area Based Programme office in Mariental would like to express their gratitude to a number of persons who helped to make the workshop a success. This includes: Ms Chinemana, Ms Shalumbu, Mr Shileka, Mr Uusiku, Mr Flood, Mr Shipena, Ms Tolonen and Ms Bock; the Regional Education Office for the venue; Mr Botes for the good food; and last but not least, all the participants from Mariental.

**1. INTRODUCTION**

This report of the Mariental Integrated Area Based Programme (IABP) planning workshop records the discussions of the first planning workshop organized by the Resident Project Co-ordinator for Mariental.

Workshop participants included community leaders, UNICEF staff members, local community members and IABP facilitators. Throughout the meeting, participants followed a participatory approach to achieve the objectives of the workshop. Using this process, a comprehensive plan of action for IABP activities in 1995 was compiled.

**2. LIST OF PARTICIPANTS**

NAME	TITLE	ORGANIZATION
1. J.J. Roman	Community member	/Khara-Tsâsib committee
2. M. Dean	Facilitator IABP Mariental	The Bridge
3. R. Romann	Community member	/Khara-Tsâsib committee
4. A. Kaifanua	Nurse	Mariental clinic
5. E. Beukes	Coordinator /Khara- Tsâsib	/Khara- Tsâsib
6. A.D.L. Gariseb	Community Activator <sup>2</sup>	MRLGH
7. T. Molapisi	Nurse	Roman Catholic Hospital
8. S.W. Isaacs	Nurse	Roman Catholic Hospital
9. I. Swartbooi	Coordinator	St. James AME. CDCC
10. H.Kaulinge	Comm unity member	Oshiwana Community
11. S.W. Isaacs	Nurse	Roman Catholic Hospital
12. L. Katuanene	Project Member	Community Dev. Project
13. T. Kanguatuago	Project Member	Community Dev. Project
14. J.J. Schmidt	Pastor	AME.Church
16. S.J. Mutchuana	Department of Works	Mariental Municipality
17. E.C. Mahalie	Headmaster	H.Vedder Primary School
18. J.D. Apollus	Headmaster	Mariental Secondary School
19. P. van Zyl	Councillor	Hardap Regional Council

***IABP MARIENTAL 1995 PLANNING WORKSHOP PAGE 4***

20. F. Chinemana	P/O IABP	UNICEF
21. M. Shalumbu	RPC IABP Uukwaluudhi	MRLGH
22. T. Bock	Student Support	MED/Keetmanshoop
23. T.S. Shileka	APO IABP	UNICEF
24. H. Shipena	APO Education	UNICEF
25. P. UUsiku	RPC IABP Uukwambi	MRLGH
26. A. Tolonen	APO Health	UNICEF
27. A. Flood	Visitor from Sweden	c/o UNICEF
28. R. Hanse	Senior Clerk	MRLGH
29. C. Stephanus	T.B. Coordinator	NAMTA/Mariental
30. K. Gibbs	P/O WatSan	UNICEF
31. I. Freyer	Facilitator IABP Mariental	The Bridge
32. K. Huiseb	Regional Party Coordinator	SWAPO
33. P. Nghiwilepo	Youth Officer	MYS
34. B. Basson	SWAPO Official	SWAPO
35. A. Kamburute	Deputy Mayor	Mariental Municipal Council
36. M. Mahalie	RPC IABP Mariental	MRLGH

3. **BACKGROUND**

The two-day planning workshop was implemented by the Mariental IABP office in cooperation with UNICEF. The major aim of the workshop was to compile a plan of action for the Mariental IABP for the year 1995.

4. **OBJECTIVES OF THE WORKSHOP**

- A. To identify the project milestone activities for the Mariental IABP
- B. To compile a plan of action for the Mariental IABP

5. **PROCEEDINGS: DAY ONE**

- 5.1 The opening prayer was led by Mr. Muchuana from the Ministry of works.
- 5.2 The welcome to participants and introductions were conducted by Mr. Kamburute, Deputy Mayor of Mariental.
- 5.3 The budget presentation was done by Ms Chinemana. She explained that estimated expenditures from the UNICEF funds for the urban IABP in Namibia for 1994 were as follows:

	N\$
Funds available for expenditure in 1994:	1,345,760
Estimated expenditure:	
Salaries	396,683
Equipment for training & IABP office	38,479
Research activities	94,500
<b>TOTAL</b>	<b>529,662</b>
Balance carried forward to 1995:	816,098
1995 contribution to UNICEF running costs:	50,000

- 5.4 After Ms Chinemana's presentation, there was an opportunity for questions to be put from workshop participants, during an open question time. The following questions and answers came up.

Questions	Answers
• How will the UNICEF funds be used ?	The funds will be used for development activities initiated by the community
• Are the funds for Mariental only ?	The funds are for activities related to the IABP in Mariental, and for other urban projects, should any others be included
• Are the funds available to be used to set up projects?	The funds can be used for development activities initiated by the community
• How much money was spent on development projects in Mariental in 1994?	Funds were not used for specific development activities as 1994, as start-up work focused on training, awareness raising and setting up an IABP office in Mariental
• Will salaries be paid from the available funds in 1995?	Only salaries of people working on the urban IABP will be paid from the urban budget
• Are the funds available sufficient for IABP activities?	This question can only be answered after plans have been designed, implemented and monitored
• Why was the planning meeting not held in 1994 as originally planned?	The meeting was delayed because of the relationship between the RPC and the IABP Mariental Advisor, and because of the national elections

The following points were also noted during the discussion period:

- ◆ The IABP is not intended to support activities like road tarring or building soccer fields (capital development projects), but should be aimed at improving the situation of disadvantaged community members by, for example, supporting the provision of water supplies and sanitation facilities.
- ◆ In respect of the IABP Advisor who had previously been stationed in Mariental, it was noted that the role of the Advisor had been a useful one, and that work had started well when he was in post. There was concern that the IABP in Mariental still required an Advisor.
- ◆ The RPC from IABP Uukwaluudhi explained that the IABP is designed to assist the community to identify its own needs, and to take appropriate action to solve the problems identified.
- ◆ It was noted that the IABP should not, in the first instance, start new projects. Rather, the programme aims to work first with existing projects or activities which need support to be more effective or increase success.

5.5 Participants worked in small groups to develop the plan of action for 1995 activities. The groups focused on designing plans for the following sectors:

- health
- education
- community mobilisation
- income generating activities

The plan of action developed by the small groups, with the various project milestones, is attached to this report.

## 6. *PROCEEDINGS: DAY TWO*

The second day of the meeting, on Sunday 5 March, opened with a prayer. The meeting was again chaired by Pastor van Zyl, and started with a group discussion on income generating activities. It was noted that it might be best for the IABP in Mariental to start with a survey of existing projects, in order to determine which projects were or were not successful, before embarking on any new projects.

It was agreed that a group of six workshop participants should complete a plan of action for the income generating activities. Whilst this was being completed, the other participants worked on finalising the other sectoral programmes.

After the group presentation, Mr Mahalie raised the issue of food supply. He requested UNICEF to put in writing their policy and procedures relating to catering, so that those responsible for organising workshops in the future would know the correct steps to take.

There was again discussion about the IABP Mariental Advisor. It was agreed that this issue should be taken up with the Government partner concerned, the Directorate of Community Development.

## 7. *CLOSING REMARKS*

- ◆ A vote of thanks on behalf of UNICEF was given by Ms Chinemana. She said that she hoped the IABP would succeed in Mariental.
- ◆ A vote of thanks was also given by Mrs Mahalie, who said that she would continue to rely on the support of the community in Mariental in order to be successful in her work.

**INTEGRATED AREA BASED PROGRAMME**

**MARIENTAL**

**WORKPLAN 1995**



Annual Project Milestone:		STRENGTHEN INCOME GENERATING ACTIVITIES IN MARIENTAL															
ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995												
					Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec		
1.1	Carry out survey on existing projects and activities	1.1.1	Select Committee to undertake survey	Committee in place	Committee members												
		1.1.2	Provide materials and equipment to carry out survey	Materials available	RPC												
		1.1.3	Arrange appointments with project leaders	Survey results	Committee members and CAs												
		1.1.4	Provide support to viable community activities as per results of the survey	Sustainable projects	RPC and community members												

Annual Project Milestone:		SUPPORT THE PROVISION OF HOUSING FOR THE MOST DISADVANTAGED GROUPS IN MARIENTAL															
ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995												
					Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec		
2.1	Complete 10 houses started by the /Khara Tsasib Project	2.1.1	Obtain quotations and order materials required	Houses completed	Ellen Beukes and RPC												

3	Annual Project Milestone:	IMPROVE AND EXTEND THE PROVISION OF QUALITY EDUCATION TO ALL LEVELS OF THE COMMUNITY IN MARIENTAL																		
	ACT. NO.	MILESTONE ACTIVITIES <i>See Project Plan of Action</i>	SPECIFIC ACTIVITIES <i>For realising milestone activities</i>	OUTPUT	MAIN ACTOR(S)	YEAR 1995														
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec				
3.1	Improve access to basic education and ensure completion of primary education by at least 50-60% of primary school age children	3.1.1	Find a place to accommodate dropouts in order to prepare them for the formal school situation	Dropouts' centre identified	RPC, facilitators and parents															
3.1.2		Mobilise parents to identify the children and their whereabouts, then hold meetings with parents through workshops or house to house visits	Data on the number and location of children	RPC, facilitators and parents																
3.2		Improve teachers' skills and self-motivation	3.2.1	Hold mobilisation/motivation workshops with teachers	Teachers' problems identified and results and attendance improved	RPC and school principals														
3.3			Improve literacy status among adults	3.3.1	Motivation of parents at parents' evenings to attend and support the literacy programme	Increased local ownership of programme	RPC, school principals and facilitators													
3.3.2	Compile a list of possible teaching aids for literacy	Better and more interesting classes		DLO and Literacy Promoters																
3.4	Obtain teaching aids, in order to improve quality of education in Mariental's most deprived schools	3.4.1	For H. Vedder, obtain a photocopier, TV and VCR and computer, plus paint and glass for buildings renovations	Improved administration, fundraising and image for school	RPC and principal															
		3.4.2	For M'tal Primary, obtain a computer, TV and VCR, plus paint and glass for buildings renovations	Improved administration, fundraising and image for school	RPC and principal															

3	Annual Project Milestone:	IMPROVE AND EXTEND THE PROVISION OF QUALITY EDUCATION TO ALL LEVELS OF THE COMMUNITY IN MARIENTAL (continued)															
	ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995											
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	
3.5	Investigate the need for day-care centres to improve the situation of pre-school children	3.5.1	Visit existing centres to assess problems and identify needs with the centres' heads	Centres assessed and needs identified	RPC, CAs and centre heads												
		3.5.2	Assist with solving identified needs where possible	Centres provide improved service to pre-schoolers	RPC, CAs and centre heads												

4	Annual Project Milestone:	MOTIVATE AND SUPPORT TB PATIENTS IN MARIENTAL															
	ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995											
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	
4.1	Assist NAMTA to organise a workshop to motivate TB patients to follow treatment and provide health education	4.1.1	Organise, and evaluate the outcome of, the workshop	TB patients better informed	TB patients, nurses, NAMTA and RPC												
4.2	Improve existing income generating activities and assess the needs for new ones	4.2.1	Fence existing garden or identify site for new one	Garden site prepared	NAMTA												
		4.2.2	Procure necessary equipment and seeds	Equipment and seed available	NAMTA and RPC												
		4.2.3	Train patients in garden	Patients trained	NAMTA and patients												
		4.2.4	Identify a needlework trainer and hold needlework training	Patients trained in needlework	NAMTA and patients												
4.3	Conduct frequent home visits for patient follow-up	4.3.1	Procure a bicycle for NAMTA Co-ordinator	Mobil increased	NAMTA, RPC and PO-IABP												

5	Annual Project Milestone:		INTENSIFY AND CONSOLIDATE COMMUNITY MOBILISATION IN MARIENTAL														
	ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995											
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	
5.1	Complete training programme for facilitators	5.1.1	Arrange for final training course: venue, food, trainers, etc	Facilitators trained	PO-IABP and RPC												
5.2	Carry out community mobilisation meetings	5.2.1	Hold three meetings with community leaders for awareness raising about IABP	Community leaders aware and motivated	RPC, CAs and facilitators												
		5.2.2	Hold meetings with community members to disseminate information about IABP	Community better informed about IABP	RPC, CAs and facilitators												
5.3	Identify need to set up new community structures and/or potential for working with existing structures	5.3.1	Identify and assess the function of existing community structures	Structures identified and assessed	RPC, CAs and facilitators												
5.4	Assess the community mobilisation activities undertaken	5.4.1	Evaluate the activities done and the level of success	Activities evaluated	RPC, CAs and facilitators												

6	Annual Project Milestone:		REDUCE THE MATERNAL AND INFANT MORTALITY RATES IN MARIENTAL BY 25%														
	ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995											
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	
6.1	Undertake a survey to determine the current rates for MMR and IMR in Mariental	6.1.1	Select and train enumerators	Enumerators trained	Health staff and expert												
		6.1.2	Visit hospitals, collect and process necessary data	Data collected and analysed	Health staff, expert and enumerators												
		6.1.3	Identify causes of maternal and infant mortality	Causes identified	Health staff and expert												

Annual Project Milestones:		ASSIST THE COMMUNITY IN MARIENTAL TO IMPROVE THEIR OVERALL HEALTH WITH SPECIAL EMPHASIS ON SUPPORT THROUGH THE NATIONAL PHC/MCH/FP PROGRAMME															
ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995												
					Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec		
7.1	Support activities for World Health Day in Mariental	7.1.1	Organise transport for health teams	Teams are mobile	Health team and RPC												
		7.1.2	Display posters and give health education talks to womens' groups, youth and squatter communities	Awareness of health issues increased	Health team and RPC												
7.2	Support immunisation campaigns in order to increase coverage in Mariental	7.2.1	Organise out-reach visits to Aimablaage and Sonop	Coverage and awareness increased	Health team and RPC												
7.3	Support AIDS awareness campaigns in Mariental	7.3.1	Organise posters and transport for three awareness campaigns	Awareness of AIDS increased	Health team and RPC												
7.4	Support campaign to increase awareness of family planning in Mariental	7.4.1	Organise transport and relevant information for campaign	Increased knowledge about family planning	Health team and RPC												
7.5	Support activities for TB Week in Mariental	7.5.1	Organise transport and relevant information on TB	Increased awareness about TB	Health team, NAMTA and RPC												
7.6	Support activities for National Health Week in Mariental	7.6.1	Organise transport, relevant information and health education meetings	Health awareness increased	Health team and RPC												

8	Annual Project Milestone:	ASSESS THE EXISTING WATER AND SANITATION FACILITIES WITHIN THE SQUATTER SETTLEMENTS IN MARIENTAL														
	ACT. NO.	MILESTONE ACTIVITIES See Project Plan of Action	SPECIFIC ACTIVITIES For realising milestone activities	OUTPUT	MAIN ACTOR(S)	YEAR 1995										
						Feb	Mrch	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
8.1	Assess the effectiveness of current water supplies and sanitation facilities	8.1.1	Facilitate visit to Windhoek to assess alternatives	Visit conducted	PO-WatSan and officers of Wdk and M'tal Municipalities				■							
		8.1.2	Prepare report on existing situation for review by steering committee	Report reviewed	Steering committee					■						
8.2	Investigate potential improvements and draw up an appropriate plan	8.2.1	Arrange for aerial photography if required and prepare ground assessment	Ground assessment prepared	PO-WatSan and Municipality						■					
		8.2.2	Prepare proposals and have a planning meeting	Plan of action developed and agreed to	Steering Committee and Municipality							■				