

824 ZMN091

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VILLAGE WATER COMMITTEE
TRAINING

KASEMPA DISTRICT

DECEMBER 1 1990

JANUARY 25 1991

TUNVWAÑANAI



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FOR COMMUNITY WATER SUPPLY AND
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RURAL WATER FOR HEALTH Project / DEPARTMENT OF WATER AFFAIRS

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824-ZMN091-8433

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INTRODUCTION

In Kasempa District all the wells planned for were completed by 1990 and the Program for completed wells was executed by the PEP team in cooperation with Extension Staff of the Ministry of Health and the Department of Social Development.

While visiting the communities the main problems encountered by the well users were :

- a. VWC not active or no longer existing
- b. Maintenance not carried out because of no funds
- c. Well users don't respond to the duty roster

So the need was felt to organise a training for Village Water Committees before the Project has phased out completely in Kasempa.

This report is about the VWC training which was executed in Kasempa between December 1 1990 and January 25 1991. In this training 96 VWC's participated.

Jeannette Schoone
PARTICIPATION EDUCATION ADVISOR

Paddy Kanyetta
PARTICIPATION EDUCATION ADVISOR

LIBRARY, INTERNATIONAL REFERENCE
CENTRE FOR COMMUNITY WATER SUPPLY
AND SANITATION (IRC)
P.O. Box 93100, 2509 AD The Hague
Tel. (070) 814911 ext. 141/142

RN: ISN 8433
LO: 824 ZMNO91

I. OBJECTIVES OF THE VWC TRAINING

1. to improve the skills of the VWC members to enable them to execute their duties better.
2. To increase the status of the VWC in the community so that the well users will consider the VWC as a qualified and reliable body in connection with the well.
3. To raise awareness amongst the community on the importance of a VWC for their well.

II. TRAINING METHOD

1. To use an experienced educational drama group to make people understand in a playful way
2. The PEP team to be the skills trainers for the VWC members only
3. The training to be partly on selfhelp basis at community level
4. To train 3-4 VWC's together and have 3 trainings per week
5. To judge the condition of the wells by giving stars.

III. PARTICIPANTS

1. 96 Village Water Committees in Kasempa District
2. PEP Team Kasempa
3. Mwansa Masautiso Mobile (MMMT) of Kasempa

IV. DATE

December 1 1990 till January 25 1991

V. VENUE

Different well sites in the district

VI. ACKNOWLEDGEMENT

The Rural Water for Health Project through its Participation and Education Program, the executor of the training, is very thankful to:

- The MOH in Kasempa who provided transport when our vehicle had a break down so that the program could continue smoothly.
- The Mechanical workshop of the Rural Water for Health Project to provide fast services for the vehicle in use, even on weekends.
- The MMT and the PEP team for their everlasting enthusiasm and improving talents during the whole training.
- The participating communities for their commitments, even during cultivation time, and their support in kind where possible.
- The various schools where MMT and PEP team could spend the nights.

VII REPORT OF THE TRAINING

1. Preparatory Period

In October a drama director from the Netherlands was hired as a consultant for the Project for 6 weeks.

The 3 PEP teams of the Project together with the MMT of Kasempa participated in a training to improve communicative and participatory skills by means of drama: "Playing Well, playing Better" Resulting from this training were two plays. One play for the VWC training and one play for the Promotion meeting.

The first play, meant for the VWC training, shows the audience in a playful, yet very clear way, how the practical situation is at present in connection with the well. How the VWC is (not) functioning how well users tend to behave, how (bad) the wells are cared for etc. etc. The play is brought in scenes and in between the scenes there are intermezzos during which the PEP team shares with the audience of what they have seen.

2. The Program

The program for the VWC training was developed during the preparatory period. The day before the training the villages are reminded of the program for the next day (announcements are done +/- 1 week in advance). All the participating villages are visited by MMT and the PEP team while making music to attract people.

The day of the training the well sites are visited. An assessment is executed at the wells and stars are given. Three stars for very good, 2 stars for good, 1 star for fair, 1/2 star for not good and nil for bad. The stars are painted on the well and the VWC's also receive a paper with the results of the assessment. During this ceremony MMT brings music and a water song.

After the ceremony people proceed to the meeting place, where the play with the intermezzos is performed. In the intermezzos the people are asked if they have understood what is performed for them and to give comments. They are also taught a song about the well that is crying because it is not maintained. Everybody sings the song together.

After the lunch the VWC members are getting a skills training. Three groups are formed: a. Treasurers b. Caretakers and members, c. Chairmen and Secretaries. Each PEP member joins one group. Treasurers are trained in fundraising methods, fund-keeping and records, simple bookkeeping methods in an exercise book. Caretakers and members are sharing their experiences and making proposals for improvements and solutions. They do a practical exercise at the well on their tasks. Chairmen and secretaries are reminded their tasks and trained how to conduct meetings and how to keep records and write minutes. A practical exercise of a meeting is executed. After this the 3 groups report in a plenary session.

Then the PEP team introduces the VWC file and explains on the different documents in the file.

The session is closed by signing the Well Agreement

And the training is closed by MMT brining the "Sick Man" (regarding selfhelp) and singing two water songs in which people join.

3. Community Based Activity

The communities with a well^{more} grouped (3-4 together) to make the travelling as economic as possible. The PEP team and MMT have spent the nights at schools.

Before the training was organised an investigation was carried out in the district by the PEP team to find out how the people felt about a VWC training at village level and whether the people were willing and able to contribute in kind for the meals of trainers and participants. The outcome of the investigation was that the people proposed the project to also assist with mealie meal especially. Thus it was decided that the project should provide the mealie meal and the people the relish.

However, in practice the contribution of the communities was not as promised by them. Of course, there were several exceptions. Especially the training at Kalulushi T/off should be mentioned here. People from a well at some 20km distance came footing and there were more than 2000 people attending. Food was brought and the lunch was a sort of party.

In general it can be said that it was difficult for the communities to provide relish for the trainers for 3 meals. Several communities did provide relish for the lunch only. Thus the project made an arrangement to finance the meals of the trainers.

Schools have been very cooperative to open their buildings for the trainers to spend the nights and to also assist with cooking utensils.

It can be concluded that community based activities are by far not common in Zambia and that communities are not yet ready to get involved fully in such activities. However, it has been a good experience since the project wants to motivate and mobilize people for selfhelp activities. With some adjustments here and there also in the other districts the VWC's can be trained in the same way.

4. The Play

The play was clearly understood by the people throughout the district. And the people have enjoyed very much. Comments and remarks could be heard where people recognised their own

situation and they even started educating each other on what they saw. The PEP team played an important role during the intermezzos to communicate with the audience and to invite the audience to discuss the play.

The songs used in the play and the well ceremony made the people sing and dance and for long times to come these songs will be heard in the district. It already happened that when the Project carwas seen somewhere people started singing the songs.

The story of the "Sick Man" was not always related to the idea of self help. Mostly the people thought that the man had fallen sick because of drinking dirty water. And alot of discussion took place when the idea behind it was explained. People did not see it why their community was compared with a sick man.

It can still be discussed if the "sick man" is the right story to promote selfhelp.

5. The Well Ceremony

Assessing the well and then giving stars has proved to be a good system. A small change was brought in. Instead of assessing the well in the morning after informing the people the previous day, assessing was done in the evening during announcements. If people are informed in advance they make sure they will clean every thing for the next day's assessment. So, in the first week most wells got 3 stars.

If assessing is done unannounced the actual situation becomes clear and a more real picture is judged. Stars were given in the morning during the ceremony.

This giving stars has encouraged communities to maintain their well properly. It is suggested to continue with the star system, eg. once or twice in a year during VWC refresher courses so that people continue competing for more stars.

6. The Skills Training

To improve the skills was very much welcomed by the VWC members themselves. Since for every training 3-4 committees were brought together, the training was also a platform to exchange experiences and ideas and to discuss problems and possible solutions.

The treasurers were very grateful for being introduced to simple bookkeeping methods and from each other they learnt more fundraising possibilities. The monthly payroll was found very helpful.

The caretakers have been able to come up with many suggestions to solve their problems and they have gained more confidence to participate in meetings actively. The practical exercise made clear to the other members that the task of a caretaker is a

very big and responsible one. Chairmen and secretaries enjoyed the practical exercise on conducting a meeting and taking minutes. They were made familiar with more participatory approaches in meetings.

The VWC file is generally seen as a file with helpful guidelines and documents. Documents to be used by the different members which requires communication and cooperation.

The signing of the Well Agreement made the training ending quite official and the VWC's felt somehow proud of their functions, and they feel more as a team with common responsibilities. Refresher courses once per year will assist the VWC's in functioning properly and give them more confidence in their work and approaching the well users.

7. Constraints

For a long lasting activity it is not surprising that several constraints were there:

a. Cultivation Season

In quite some places people had shifted to their fields. Sometimes this resulted in a lower attendance of the people. But VWC's were always present. In such places the provision of relish was poor.

b. Transport

Two times the trainers were without transport, due to an accident and breakdown. One time the problem could be solved over the weekend by exchanging cars with Solwezi. One time the problem was solved with assistance of the MOH, providing one of their cars for some days.

c. Congestion of Work

It was felt that 3 trainings sessions per week is the limit, since also appointments have to be made in other places. In January with 4 trainings session per week the work has been too much and people had to work on weekends.

d. Malaria

Due to the raining season with its many mosquitoes and sleeping in open classrooms all the trainers were attacked by malaria. Yet they have been able to continue the program.

e. No VWC's

In some places there were no VWC's existing. However, they were formed at the spot when announcements were made and the newly formed committees participated in the skills

training.

f. Passports MMT

The biggest constraint came in the end of the training MMT, supposed to go on a tour to the Netherlands, had to rely on the District Governor of Kasempa for their passports despite having 2 months time the DG failed! Since the Project did not want to cause the cancellation of the trip abroad by forcing MMT to continue with the program, it was decided to cancel the last week of the VWC training and to postpone it till later date, when they are back from the Netherlands.

8. Suggestions

- a. To make use of the experiences in Kasempa to work out a training for Solwezi. Such a training should be given also at community level. Let the participants cater for their own food and let the Project provide for the trainers. Limit the trainings to three per week, leaving one day for making appointments.
- b. The documents of the VWC file to be translated into the local language.
- c. To organise refresher courses once per year in a similar way and make use of the results after the first skills training. Which will become known in the months to come.
- d. To adopt the star system for the assessment visit or the refresher course.

PROGRAM FOR WELLS UNDER CONSTRUCTION

TITLE: SELECTION

WHAT: SUBJECT

1. Applying the selection criteria in the applying community(ies)

WHY: PURPOSE

1. To confirm whether the people need and still want a protected well
2. To know whether the people and how many will make use of the well
3. To know whether the people are ready and able to construct and maintain the well on self help basis.
4. To create sustainability of the protected well.

HOW: METHOD:

1. Gather information in a plenary session
2. Check on the well users list if all applying villages are represented
3. Check whether the information given on the well users list is correct
4. Fill in the questionnaire on the present water source and future users with the people.
5. Check the water source physically
6. Fill in the questionnaire on the self help readiness of the people with the people.

WHERE: PLACE

- 1-4 In the villages
5. At the water source
6. In the village

WHO: PARTICIPANTS

The future well users. Make sure that all applying villages are represented.

WHEN: TIMING

The whole exercise will take about 2 hours.

CARRY WITH YOU: Application form + well users list questionnaires (2).

PROGRAMME FOR WELLS UNDER CONSTRUCTION

TITLE : PROMOTION MEETING

WHAT : SUBJECT

1. Advantage of protected well/disadvantages of unprotected sources.
2. Motivation for self - help
3. Organisation of self-help through Village Water Committee.

WHY : PURPOSE

1.1 For New Wells:

To make the villagers understand why it is good to use protected water.

1.2 For Rehabilitation of Wells:

Quite some villagers with a protected well still think the wells' water is not clean because it is not scooped out every time. So they use unprotected water for drinking purpose. Before a well is rehabilitated we must make them really understand that the well is all the time being filled up with very clean water, from under ground sources.

2.1 For new Wells and Wells to be Rehabilitated:

To have the villagers involved in construction of the well so as to make them fully responsible for the well.

3. The Village Water Committee can assist the well-users in organising themselves in order to have the construction and maintenance being executed.

HOW : METHOD

- 1.1 Ask what are the most important advantages of a protected well.
- 1.2 Show poster of river and shallow wells and ask people what they see.
- 1.3 Show poster of water levels during rainy and during dry season. Explain that dirty surface water comes in the river and in shallow wells, and that clean underground water comes in the protected well.
- 1.4 Show poster of well and explain how the whole construction of the well prevents dirt coming in.
2. Explain that a well can be constructed or repaired only through self-help. Ask what sort of action is needed for a new well or for a rehabilitation of a well, and add things they forget. (see guidelines VWC file 4.1) If people agree on contributing in construction/repair and in maintenance then a well agreement must be signed. Before signing translate the content of the well-agreement in the local language for the well-users.

3.1 For a New Well

Explain a VWC must be chosen by all future well-users before the construction starts.

The VWC must have 3 men + 3 women who are representing all the different villages using the well.

The VWC has to organise the action needed for the well. (see guidelines for VWC-file - 4.2).

3.2 For Rehabilitation of Wells

Ask how the VWC is functioning

Check their functionality (with guidelines VWC-file-5) and check if new elections should take place.

WHERE : PLACE

All 3 subjects can be discussed at the same place; for newly to be constructed wells a place dependant on their choice; for rehabilitation of a well on a place near the old well.

WHO : PARTICIPANTS

A good percentage of the applicants must be present. (check number of house holds on application form). Extension staff of other departments.

WHEN : TIMING

1. ½ hour
2. ½ hour
3. ½ hour

(a promotion meeting may only be executed when a construction team can be send within 3 weeks from the promotion meeting).

CARRY WITH YOU : Visit report form/monitoring sheets.

pens

posters: - river, shallow wells (1)

- dirty surface water/clean underground water (2)

- well (3)

VWC
well file with Well-Agreement

dairy for next visit.

PROGRAM FOR WELLS UNDER CONSTRUCTION

TITLE: VILLAGE WATER COMMITTEE INSTRUCTION MEETING

WHAT: SUBJECT

1. the tasks of the VWC members
2. organisation of self help
3. introduction of the VWC file and explanation of organisation

WHY: PURPOSE

1. for new wells and wells to be rehabilitated:
to make the members understand their tasks
2. for new wells and wells to be rehabilitated:
The VWC can play an important role to assist the well users in organising themselves to have the construction and maintenance being executed.
3. The VWC file contains some important and helpful documents, giving status to the well and the VWC and assisting the VWC to organise itself and the community and to have proper records of the well.

HOW: METHOD

1. give a short introduction to the members on the tasks of the VWC. in general and ask if they have understood. Also the tasks regarding the site selection.
2. explain that the VWC plays a crucial role in organising the people to execute the work. A duty roster has to be made. Ask the members how they are going to organise it.
- 3.1 give a short explanation on the documents in the VWC file.
 - VWC members list
 - well users list
 - guidelines community organising and tasks VWC
 - well visitors list
 - contributions list
- 3.2 split the VWC in 3 (treasurers/caretakers+ members/chairman + secretary)
 - treasurer: will learn how to record the contribution of the well users (page 7 VWC file)
Treasurer. will learn how to do simple bookkeeping (in exercise book
 - caretaker. will learn their particular duties
in case there is already a well, a practical exercise can be executed.
 - chairman will learn how to conduct meetings and what meetings she is supposed to organise. (s)He will keep the VWC files.
 - secretary will learn how to write minutes of a meeting and how to fill in and update the well users list.

To close there will be a practical exercise of a meeting and the activity will be discussed.

WHERE: PLACE

In the village

WHO: PARTICIPANTS

Village Water Committee members

WHEN: TIMING

1. 15 minutes
2. 20 minutes
- 3.1 15 minutes
- 3.2 45 minutes

CARRY WITH YOU: Visit Report Form/Monitoring Forms

Pens

Documents from VWC file

Plain papers

Exercise book

Diary to make next appointment.

PROGRAM FOR WELLS UNDER CONSTRUCTION

TITLE : SITING AND TOOLS DELIVERY

WHAT : SUBJECT

1. Site of the well
2. Measurements
3. Tools delivery

WHY : PURPOSE

1. To assure a central location for all future well users and to avoid health and technical hazards
2. To comply with required standard measurements
3. To enable the community to start their work.

HOW : METHODS

1. Visiting and inspecting the site proposed.
2. Using measuring tape, a stick and a string
3. Let the people sign the issue form

WHERE : PLACE

At the proposed well site

WHO : PARTICIPANTS

All VWC members and other villagers

WHEN : TIMING

1/2 hour

CARRY WITH YOU

Measuring tape
Stick
String
Bow saw
Issue form
Tools

PROGRAM FOR WELLS UNDER CONSTRUCTION

TITLE : PREPARATION OF HANDING OVER

WHAT : SUBJECT

1. Advantages of a protected well
2. Proper handling of the well and the washbasin
3. Maintenance of well and washbasin
4. Fundraising
5. Organisation and cooperation

WHY : PURPOSE

1. To make people aware of the importance of a protected well
- 2-3 To assure that hygiene and maintenance standards are maintained.
4. To assure long sustainability of the well
5. To make people understand their responsibilities regarding their well.

HOW : METHODS

1. Ask questions and add what is left out
- 2-3 Practical exercise at well and washbasin
- 4-5 Ask questions and add what is left out
- N.B Above program to be carried out by VWC during Handing Over Ceremony.

WHERE : PLACE

At the well

WHO : PARTICIPANTS

VWC members

WHEN : TIMING

1. 15 minutes
- 2-3 10 minutes
4. 20 minutes
5. 15 minutes

CARRY WITH YOU

Visit Report Form/Monitoring Form
Pen + diary

PROGRAM FOR WELLS UNDER CONSTRUCTION

TITLE : HANDINGOVER CEREMONY

WHAT : SUBJECT

1. Advantages of a protected well
2. Proper handling of the well and the washbasin
3. Maintenance of well and washbasin
4. Fundraising
5. Organisation and cooperation

WHY : PURPOSE

1. To make people aware of the importance of a protected well
- 2-3 To assure that hygiene and maintenance standards are maintained.
4. To assure long sustainability of the well
5. To make people understand their responsibilities regarding their well.

HOW : METHODS

1. Follow program prepared by VWC with reference to 1-5
2. Summarise 1 to 5 by PEP team
3. Official handing over by PEP team
 - physical inspection of the well
 - draw a bucket of water
 - you drink a cup of water
 - VWC members drink the water
 - hand over well agreement and the key to the VWC
 - hand over the VWC file.
4. Back to VWC program
5. Closure

WHERE : PLACE

At the well

WHO : PARTICIPANTS

All well users

WHEN : TIMING

Indefinite

CARRY WITH YOU

Well agreement

PROGRAMME FOR COMPLETED WELLS

- TITLE** : ASSESSMENT AND APPOINTMENT
- WHAT** : SUBJECTS
1. Check on the condition of the well
 2. Check on the usage of the well and the average number of well - users during different periods.
 3. Check on the existence and functionality of a V.W.C.
- WHY** : PURPOSES
1. To see whether the well is properly maintained and if the people feel responsible
 2. To find out whether the well is serving its purpose
 3. To see whether the VWC is active.
- HOW** : METHOD
1. Asking the people and check for yourself
 2. By visiting the villages and talk to the people
 3. Check in the villages to get the information.
- WHERE** : PLACE
1. At the well
 - 2-3 In the villages and at the well
- WHO** : PARTICIPANTS
- 1.2.3. Whoever is found at the well and in the villages plus fieldofficers of other departments.
- WHEN** : TIMING
1. $\frac{1}{2}$ hour
 2. $\frac{1}{2}$ -1 hour
- CARRY WITY YOU** : Visit Report Form/Monitoring sheets
- . Pens
 - . Dairy to make next appointments

PROGRAM FOR COMPLETED WELLS

TITLE : ACTION PLAN

WHAT : SUBJECTS

1. Identification of the problems related^{to} the well and the use of the well
2. Listing down the problems and discuss on priorities
3. Discuss possible solutions
- 4., Draw an action plan with the people
5. Discuss detailed actions to be taken by the VWC.

WHY : PURPOSES

1. To create awareness among the well-users on their responsibilities.
2. To make people understand their problems and distinguish between major and minor ones
3. To let them solve their problems on their own
- 4, To help the users to take up their responsibilities
5. To assist the VWC in organizing themselves.

HOW : METHOD

1. Ask questions to the people present, let them sit in a circle.
2. Discuss with the people and let them decide on the priorities
3. Let the people propose solutions and assist them only if necessary
4. Use a big sheet of paper and let somebody write down, what steps will be taken by whom.
5. Sit with the V.W.C and have them write down who will do what and when.

WHERE : PLACE

1-5 At the well-site

WHO : PARTICIPANTS

- 1-4 All well-users and fieldofficers of other departments
5. The V/W/C/ members

WHEN : TIMING

A half-day visit

CARRY WITH YOU :

- . visit report form/Monitoring sheets
- . Pens
- . Flop-over paper
- . Marking-pen
- . Diary to make next appointment
- . Information of previous visit

PROGRAMME FOR COMPLETED WELLS

- TITLE** : SANITATIONS
- WHAT** : SUBJECTS
1. Clean well
 2. Clean surroundings
 3. Waterborn and waterrelated diseases
 4. Pits latrines, toilet cleaning
 5. Rubbish pits
- WHY** : PURPOSE
1. To avoid contamination of well water in order to maintain the health standard.
 2. To make people understand the relation between cleanliness and health
 3. To make people aware of the relation between unprotected water and some diseases
 4. To explain the relation between feaces and health, especially the health hazards of childrens' feaces.
 5. To discuss solutions on how to keep the surrounding clean
- HOW** : METHOD
1. Look at the well's cleanliness, ask the people how it was organized, check duty roster and fill in VRF Use posters (clean well/dirty well) and ask the people which well is theirs.
 2. Use the posters on clean surrounding/dirty surrounding and ask people what will hapen in the dirty surrounding.
 3. Explain and ask shortly the waterrelated and waterborn diseases. Use river-poster*
 4. Discuss the health hazards of feaces with the people. Use a poster of a pit-latrine.
 5. Go around with some people in some nearby villages and check on pit latrines and rubbish pits. Then discuss with the people how to keep the surrounding clean.
- WHERE** : PLACE
- 1-4 At the well site
 - 5 In some villages and at the well
- WHO** : PARTICIPANTS
- 1-4 All well users, VWC members, health workers, teachers, officers of other depts
 - 5 First VWC members and later all other people
- WHEN** : TIMING
- 1.5 A half day visit and if necessary 2 half day visits
- CARRY WITH YOU** :
- . visit report form/monitoring sheets
 - . pens
 - . necessary posters
 - . dairy for next visits

PROGRAMME FOR COMPLETED WELLS

TITLE : DOMESTIC AND PERSONAL HYGIENE

WHAT : SUBJECTS

1. Clean house
2. Storage of water and food
3. Clean cooking/use of dishracks
4. Hand and body washing, child washing
5. Washing of clothes and beddings

WHY : PURPOSE

1. To assess and raise the knowledge on the importance of a clean house.
2. To avoid possible contamination of water and food and to know the storing facilities
3. To find out cooking and preparation methods
4. To raise awareness on the relation between health hazards and body cleanliness
5. To raise awareness on the effects of the use of dirty clothes and beddings.

HOW : METHOD

1. Ask people whether they sweep their houses, how often and if they experience infestations and discuss what dirty houses can cause in relation to health.
2. To make people aware of the relation between health and poor storage of food and water. Use a poster on proper storage possibilities. Let people tell or show how they do it.
3. To ask people whether they wash their hands before preparing food and if they use clean utensils. To ask people whether they understand why we ask this. Use posters (clean kitchen/ dirty kitchen)
4. To make people aware by asking on the relation between body hygiene and health, especially also for children, who are more at risk. Use a poster of a person with scabies.
5. To discuss the relation between health and dirty clothes and beddings. Use a poster with pictures of flees, lice, bedbugs etc.

WHERE : PLACE

1-5 At a village

WHO : PARTICIPANTS

1-5 Well users, teachers, health workers, officers other dept VWC members.

WHEN : TIMING

1-5 A half day visit or even 2 half day visits.

CARRY WITH YOU . Visit report form/monitoring sheets
 . Pens
 . Necessary posters
 . Dairy for next visits

I
SCHOOL PROGRAM FOR SCHOOLS WITH A WELL

WHAT : SUBJECT

1. Source and uses of water
2. Ways of contamination
3. Water related diseases
4. Ways of preventing contamination

WHY : PURPOSE

1. To find out the sources the children use and for what purposes.
2. To find out whether children know how the sources get contaminated and to make them aware of this.
3. To make them aware how water can cause diseases.
4. To make them aware how contamination can be prevented.

HOW : METHODS

1. Ask questions and let one of the teachers note down questions and answers on a paper.
2. Ask questions and write answers on the blackboard. Show them the river poster.
3. Teach them a song "I will never drink water from the river".
4. Explaining the ways of prevention. Use poster cross section of well.

Closing with the song.

WHERE : PLACE

In the classroom

WHO : PARTICIPANTS

School children and teachers

WHEN : TIMING

1. 15 minutes
2. 20 minutes
3. 20 minutes
4. 15 minutes

CARRY WITH YOU

Tushishi's
Plain papers and pen
Posters
Visit report form/monitoring form
Appointment slip and diary.

II

SCHOOL PROGRAM FOR SCHOOLS WITH A WELL

WHAT : SUBJECT

1. Protected well - how it can get contaminated
2. Proper handling and maintenance
3. Personal hygiene/sanitation

WHY : PURPOSE

1. To make children aware of how a protected well can get contaminated.
2. To teach children how to keep the water clean and prolong the lifespan of the well
3. To promote their health standard

HOW : METHODS

1. Give a demonstrated explanation, making use of a bucket of water and let the children contaminate the water by spitting and throwing items. Then use the 3 'tushishi's'
2. Do a practical exercise at the well and teach them a song 'the well is crying'.
3. Ask questions on personal health habits and add on what was left out. Ask one teacher to note down the questions and answers.

WHERE : PLACE

- 1-3 In the classroom
2. At the well

WHO : PARTICIPANTS

School children and teachers

WHEN : TIMING

1. 15 minutes
2. 20 minutes
3. 20 minutes

CARRY WITH YOU

Buckets
Tushishi's
Plain papers and pen
~~Posters~~
Visit report form/monitoring form
Appointment slip and diary.